



## Cat Diabetes, a Personal Story

by Bruce Walker (CCHS cartoonist)

About three months ago, my cat, Tiny, began losing weight. His name was a joke because Tiny weighed over 22 pounds! I'd fed him special food for three years, hoping he would lose weight. When he first started losing weight, I wasn't concerned. But he lost weight too quickly, dropping to under 12 pounds.

On a Friday morning in November, he was so lethargic that I left work and took him to the vet. Holding back tears, I announced to the receptionist, "I think my cat is dying".

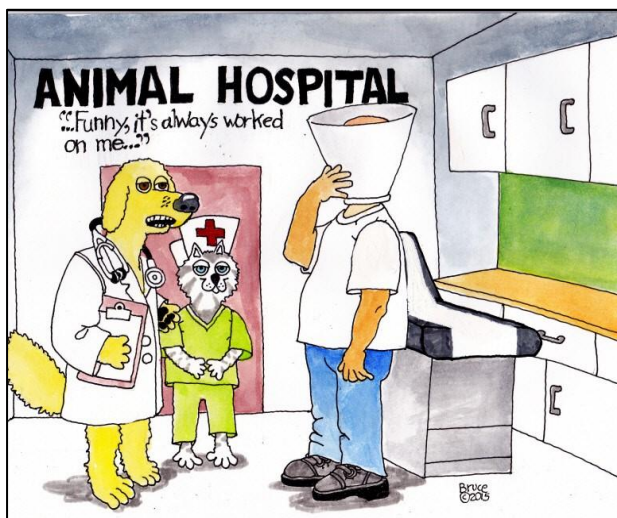
In the exam room and I explained to the doctor, "I think I may have poisoned my cat by accident because he drinks water no matter where he finds it." (I was thinking of bathroom cleaners and the like.) Tears were filling my eyes.

I had to leave Tiny with the vet. As I drove home, my grief was overwhelming. Tiny was an adult rescue cat and I hadn't realized how important he was to me.

When I returned, the doctor asked, "How much do you know about diabetes?"

"Our church cat had diabetes and had to have shots every day."

(continued on next page)



## Thank you!

Your contributions have been a big help in 2015.

**874** animals (woot woot!) received assistance totaling \$60,114.78.

**281** family pets were spayed or neutered. A BIG thank you goes to FOLCAS (Friends of Lincoln County Animals) for giving a grant to CCHS to help in this area. Boy was it put to good use!

**114** community cats were spayed, neutered, and fed. Our colony managers help "neighborhood" cats live in peace with full tummies, fresh water, and shelters. Due to their diligence, our colonies are not reproducing. This is the only effective way to control "ferals". Our largest colony of 100 is now at 30! It really does work! Thanks colony managers!

**243** animals were helped through our pet emergency and welfare program. FOLCAS increased their grant to CCHS to help in this area. While we couldn't pay bills in full, we helped pay for these expensive procedures (surgeries, dental work, blood work, hospitalization, x-rays, etc.) We love being able to help end suffering. And a BIG thank you to our phone volunteers who answer the calls for help.

**215** animals were given antibiotics, pain meds, flea meds, and rabies' shots. Rabies has now reached Oregon and we want to help animals get their shots.

**21** animals were assisted over the Rainbow Bridge. We do not believe in euthanizing healthy animals, but if an animal is suffering and there is nothing that can be done, we will contribute funds to help end their pain.

Thank you to our vets, techs, and support staff. We appreciate your dedication and unending patience in working with CCHS. Thank you to the county animal service deputies and the shelter staff for helping us find solutions to some "sticky" problems at times. And caring for the wonderful animals waiting for adoption.

To each person who has supported our work in Lincoln County, a hearty THANK YOU! May your New Year be filled with good health, good deeds, and lots of love! Hugs from the Board of Central Coast Humane Society and all the animals!

## Cat diabetes, continued

"Tiny will need shots and diabetic food."

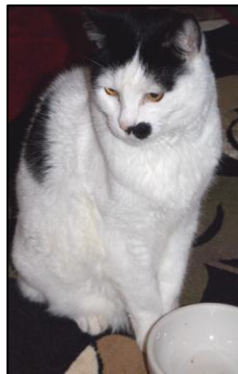
On the one hand, I was relieved that I didn't poison Tiny. And on the other, how was I going to arrange two shots a day twelve hours apart after meals. And, OMG, I have to give my cat a shot twice a day!

Thus began my education about cat diabetes. There is special insulin that, apparently, makes controlling it fairly easy. However, it is really expensive! (More than my car payment!) The human insulin I purchased for Tiny can work, however, it's more difficult to control a cat's blood sugar using human insulin. At first, the dose is a guessing game, so we started at two units after each meal.

Tiny was used to having dry cat food available 24-7. Retraining him to eat an entire meal every 12 hours was a challenge! During the first week, he barely ate half a tiny can of food at each meal. And one evening he had a hypoglycemic seizure! It was terrifying!

The vet and I decided to cut his insulin to 1/2 unit. Over the course of the next couple of weeks, Tiny ate more at each meal. But he continued getting 1/2 unit of insulin. By New Year's, he not only looked healthy, he was playing like a kitten!

### New Year's Day 2016



*Come on, Dad. It's gotta be meal time!*

#### CCHS officers

President – Don Elmore

Vice-President - Kathe Stander

Secretary – Lana Elmore

Treasurer – Lee Smith      Co-treasurer - Barb Perry

Members at Large - Alma Leon, Kathy Evans

Newsletter Editor - Mary E Webster

## CARE CREDIT

There is a credit card option to help with emergencies that come up with our beloved pets.

Care Credit is a credit card specifically for health care needs for both you and your pet. Most vet offices in Lincoln County accept Care Credit. They can help you apply. It is an easy application process and you'll get a decision almost immediately.

Or you can call: 800-365-8295. They will walk you through the application process. (You must be at least 21 years to apply by phone.)

Or you can visit their website, learn more about their services, and complete the application.

[www.carecredit.com](http://www.carecredit.com)

## Thank you, CCHS

"I recently received a gift of generosity from your organization and I wanted to express my gratitude. My 9 year old kitty TAO was in a fight of some sort and received an awful wound recently. I was having trouble affording his Vet bill and referred to your organization, one phone call to you all and a wonderful man named Don was able to help me. I'm forever grateful. I'm new to the area and can't believe the kindness I've experienced here. TAO is safe at home recovering.

"Merry Christmas & Happy Holidays, Nichole"

## Thank you, FOLCAS

Friends of Lincoln County Animals (FOLCAS) was a big help to CCHS in 2015. Their grants supported both our spay and neuter program and our emergency pet medical expenses program.

A very special thank you to all of the members of FOLCAS.

FOLCAS operates the Pick of the Litter thrift store at the Lincoln County fairgrounds. Donating to and shopping at Pick of the Litter is a great way to support both FOLCAS and CCHS.

You can learn more about FOLCAS, their services for Lincoln County domestic animals, and their fundraising on their website: [www.folcas.com/](http://www.folcas.com/)

## President's Letter

by Lee Smith

2015 was a busy year for the Central Coast Humane Society. In July, we approved the largest budget in our history, thanks to a partnership with the Friends of Lincoln County Animals (FOLCAS). Since July, we have spent almost \$9,000 to help the owners alter 155 cats and dogs. During that same six months, we have spent almost \$16,000 to enable pet owners to get veterinarian treatment. About \$8,500 has gone to spay and neuter feral cats, along with about \$2,500 for kibble to help the colony managers keep these ferals fed.

I continue to monitor the phones 4 days a week. The chore is much easier when I can say, "Yes, we can help with that." I also continue to care for Gertie, the 14-year old cat I adopted in March. After a lifetime of being bullied by her mother and her sibling, and hiding from them, it is a delight to see her open up to new experiences like playing with toys and napping on my printer with a view of the front yard.

Since I live in Newport, I also pick up the mail. I want to share two notes with you that came this week. The first came in a Christmas card: "Thank you for the help with getting (name's) medical care at (vet). She is a happy, well 'puppy girl' again! We're very grateful." A \$5 bill was enclosed. The second said, "Merry Christmas. Thank you for your work." This one had a check for \$300 with it. I treasure both of these gifts and kind words equally. We are so fortunate to have the support and help of so many Lincoln county animal lovers.

At our annual Christmas potluck, we elected officers for 2016. Don Elmore will serve as President, Kathe Stander will remain Vice President, Lana Elmore will remain Secretary, and I will serve as co-treasurer with Barbara Perry. Our other board members are Alma Leon and Kathy Evans. If you'd like to work hard for nothing but the satisfaction of knowing that what you do is helping our animals, we would welcome you!

May 2016 be a happy and healthy year for the people of Lincoln County and the animals!

## Rainbow Bridge

Just this side of heaven is a place called Rainbow Bridge.

When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine, and our friends are warm and comfortable.

All the animals who had been ill and old are restored to health and vigor. Those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing; they each miss someone very special to them, who had to be left behind.

They all run and play together, but the day comes when one suddenly stops and looks into the distance. His bright eyes are intent. His eager body quivers. Suddenly he begins to run from the group, flying over the green grass, his legs carrying him faster and faster.

You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face; your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.

Then you cross Rainbow Bridge together....

Author unknown...

Gone But Forever in Our Hearts

Misty Cat

John Bacon

Glen Helsinger

Patti Vickery

Central Coast Humane Society  
PO Box 71  
Newport, OR 97365

## Yes, Your Cat Does Talk To You!

What's your feline friend telling you?

Purring means, "Please stay!" (That's why cats purr when happy or sick/injured.)

Rubbing against your leg means, I'm happy to see you or "feed me."

Meowing means "I want your attention."

## Dog Lessons for People

- (1) Enjoy the simple pleasure of a walk.
- (2) Run and play daily.
- (3) Be loyal, faithful, and quick to forgive.
- (4) Always drink plenty of water.
- (5) Sometimes it is best to sit close and listen.
- (6) Follow your instincts.
- (7) Keep digging until you find what you want.
- (8) Accept all of life's treats with gratitude.
- (9) Love unconditionally.

Every donation helps our work.

**MAIL YOUR TAX DEDUCTIBLE DONATION to**  
Central Coast Humane Society  
P.O. BOX 71 , Newport OR. 97365

**Name** \_\_\_\_\_

**E-Mail** \_\_\_\_\_

**Address** \_\_\_\_\_

Or see the web site for recurring payments:  
[centralcoasthumanesociety.com](http://centralcoasthumanesociety.com)

**I WOULD LIKE TO BECOME a member** and help provide services to needy animals. Enclosed is my check for:

\_\_\_ **\$15 Junior/Senior Member**    \_\_\_ **\$25 Basic Member**  
\_\_\_ **\$50 Contributing Member**    \_\_\_ **\$100 Sustaining Member**  
\_\_\_ **\$500 Patron Member**        \_\_\_ **\$1000 Life Member**